

Heridaay

JULY 2014

The Magazine of Atmiya Vidya Mandir

The heart of education is educating the heart.



UNION OF BODY, MIND & SOUL

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“જેના મિત્રો સરસ એની જીંદગી સફળ”

ખાનદાન અને ધાર્મિક મિત્રો રાખવાના.

જે આપણને બધી રીતે મદદ કરે. અભ્યાસમાં મદદ કરે, અભ્યાસ પૂરો થઈ ગયા પછી સમાજમાં સેટલ થઈને સારી રીતે જીવવા માટે મદદ કરે.

મિત્રો એવા રાખવા જે આપણને સુહૃદભાવ શીખવાડે.

- પ્રગટ ગુરુહરિ પ.પૂ. હરિપ્રસાદસ્વામીજી મહારાજ
૨૫ ફેબ્રુઆરી, ૨૦૧૪ આત્મીય વિદ્યામંદિર પ્રાર્થના હોલ



Editorial

Dear Reader,
Namaste!

When a youth is saved, a family is saved. When a family is saved, a society is saved. When a society is saved, a nation is saved.

Shubham Patel joined AVM two years ago in 11th Commerce. Before he joined the school he had already appeared for his 12th Science exam unsuccessfully, though being naturally blessed with intelligence. He had little motivation and hope from life, which had made him complacent. This year he became the topper of his class and school with 95.6 %. Please read the honour roll showcasing the results of 2014.

Meet Pansuria graduated from AVM in 2013 with 88% marks in CBSE 12th Commerce examination. In spite of sincere hard work he could not pass the prestigious CLAT examination in first attempt. His family agreed to pay capitation fees for his admission but he refused and worked very hard this year and cleared the CLAT examination and is going to a renowned university to study law. Meet had studied in a well-known school of India till 10th STD before joining AVM and had picked up many bad habits from 8th STD due to bad company.

Atmiya Kalavadia graduated from AVM in 2012, he was not very good at academics since his childhood. He struggled throughout his education at AVM and barely managed to reach 12th STD. He had never tasted academic success in his life. During his final year, one day his classmate Deep Mistry who was better than Atmiya in academics was feeling low due to the pressure of approaching board exams. Atmiya held his hand and took him to the prayer hall and told him “let’s pray together,

you pray for me and I will pray for you and I am sure GOD will help us both out”. Today both of them are successfully studying in some very good colleges of India and stand in the top 1% of their class every year.

All the above stories seem magical, yet they are real. These youths have imbibed and exhibited a combination of life skills which can hardly be found in any book on character and life skills. In the 11th year since its inception and just three graduating batches, the students of AVM have learnt how to live life with peace and happiness. Similar stories are in the making at AVM everyday, please read the AVM Outlier article on Bhavesh Rajpurohit.

These stories have only been possible by the tireless efforts of His Divine Holiness Param Pujya Hariprasad Swamiji the creator and inspirer of Atmiya Vidya Mandir whose motto of life is “Youths are my everything”. This is the year of ‘ATMIYA YUVA MAHOTSAV’, where 75,000 such youths will gather to celebrate life and harmony. It is going to be held on 1st, 2nd and 3rd January of 2015 at Haridham Sokhada, Vadodara. We would like to invite all our parents and students and would encourage them to block their calendars for the above dates and participate in this once-in-a-lifetime celebration with us.

Furthermore, the later half of the year 2013-14 has been much busier than the first half as you’ll see in the events reported in this volume of Hriday. Please visit blog.avm.edu.in for more information on these activities and school’s YouTube channel on video.avm.edu.in for the videos of creative assemblies and other celebrations.

Happy reading!

- PRAJVAL SIR

CONTENTS

14 मन के मत पर मत चलियो |
Inter House Football Competition

15 संगीत नादब्रह्म साधना |
Attitude is Everything

16 लुट्थुं लब्धाऽ नालायड मन

17 Practice Makes Perfect |
Mathematics Exhibition

21 10th Annual Athletic Meet

27 Anger - Just one letter short of
Danger | Field Trip

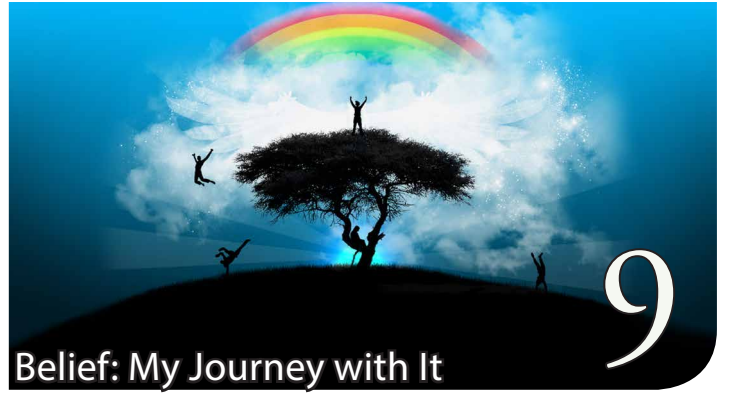
33 "छोडी हे शाणपट्टी, नही तो प्रभु
पड्डावशे डानपट्टी." |
Accountability & Responsibility

37 Saransh 2013-14: The Annual
House Closing Ceremony

38 The Book Review Project:
A Herculean Task

41 UDAAN...Soaring New Heights

42 Rewarding Results



AVM OUTLIER

Indian scriptures are abound with glaring examples of knowledge seekers from different walks of life. One particularly inspiring example is the dialogue between a very young boy called Nachiketa and Yama in the *Kathopanishad*. The story highlights the strong will of Nachiketa to gain the highest spiritual knowledge from Yama even in the face of distractions and difficulties. His persistence wins over Yama, his Guru, who then unhesitatingly grants spiritual wisdom to the young child.

Such a persistent quest of gaining wisdom together with the zeal to follow the instructions of a divine saint, a Guru, has the power to make miraculous growth happen that no institution or educator could possibly deliver.

The students of Atmiya Vidya Mandir are blessed with such a saint in Param Pujya Swamishree whose visits are so perfectly timed and so very impactful that the teachers have observed considerable changes and improvement in students following His visits. Swamishree invariably gives the following instructions to students during His visits to AVM:

- Minimum 70% must must must.
- ना समज पडे तो teacherनुं माथुं जावुं ज ज ज.
- साथी मित्रो पर गुरसे ना थवुं.
- Class मां teacher भाषावता होय त्यारे ऽक्षोणीया ना मारवा
- साथी मित्रो नुं अघुंज गमाडवुं

Most children at AVM, after receiving such timely reminders, strive to follow these precious words of wisdom. It is a formidable task to make a change in one's habit or nature, especially in these forming years. Yet, we see many students determined to make a change after every visit of Swamishree. Teachers have repeatedly experienced the increase in frequency of questions (ac-

ademic and non-academic) asked by students, in class or staffroom after His visits.

Bhaveshbhai Rajpurohit sits among this select group of students. He cuts a very diminutive figure, many a times we may not realize much about his personality in classroom. When it comes to studies, for him, nothing else can take priority. Putting first things first is often reflected in his actions. He achieves over 90% marks in all his tests. He has his doubts cleared in the class itself and yet if the slightest of doubts remains, he would immediately go to the staff room and request the concerned teacher to explain the concept till he has the grasp of it. For most of his contemporaries, homework can become a formality and they would want to finish up as early as possible, but not for Bhaveshbhai. He treats homework as an opportunity to see if he has understood the concepts taught in the class.

The other aspect of his life which is remarkable is his humility. For such a student who is achieving very high grades consistently and still in his teens, it is remarkable to observe the absence of arrogance in his behaviour. He never wastes his time and energy to prove how good a stu-

dent he is. It is not that Bhaveshbhai does not have other interests apart from studies. He is one of the best singers of the school and a sports enthusiast himself but he is so clear minded when it comes to his priorities. He is a role model for his peers and a treat for any teacher to have in the class as a student.

So what makes him take the actions that he takes at such a young age? What makes him so determined and clear minded? What makes him so humble? Let us understand.

Param Pujya Swamishree often explains to students that God is almighty and that one should take help from God in each and every aspect of our life. The more a student believes in that, the more he can study without unnecessary pressure and without arrogance. And that is one of the key qualities of Bhaveshbhai. A lot of his actions come from his belief and trust in the teachings of Guruhari Swamishree and the value system of the school.

However, what makes him an *outlier* is the sheer persistence and perseverance in his efforts, bringing to mind an image of Nachiketa.

At the age of 14, most children at a boarding school would be bothered

continued on page 8...



Each Day Counts at AVM...

6.30 am

With the ringing of temple bell
They hymned their love to God,
Uniting mind, body and soul
Thanked Him for blessings they owed

7.15 am

Crisp uniform and infectious freshness
Celebrating our culture in morning assembly
Some on stage to share news, thoughts and speech
Some as audience listening patiently



8 am

The moving heads towards the classrooms
The tiny steps becoming big and rife
Loaded back and escalating excitement
Swarming in to learn lessons for life

8.10 am to 8.15 am

Shuffling of books and muttering of answers
Here, enters the teacher for these angels
An exchange of respect and smile and warmth
Making interesting the topic that dulls



7.30 am

Updating with the world around
And food for mind and soul
The daily dose of moral values
Making them grow, as a whole

7.45 am

The enticing aroma from dining hall
Nourishing, savouring, relishing
The table talks and day's planning
Some moments worth cherishing

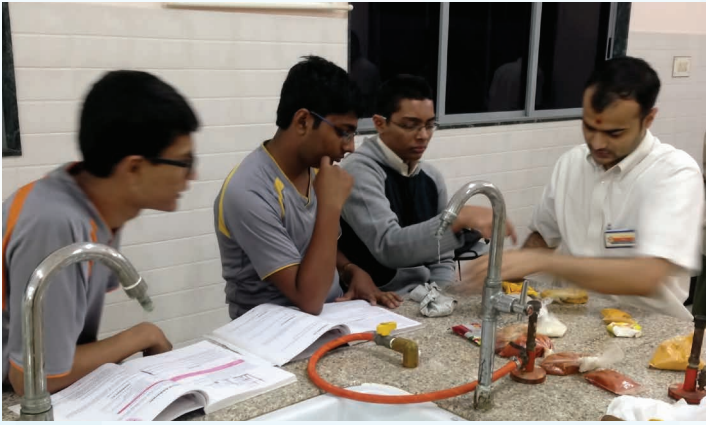


8.15 am to 8.55 am

Fun with numbers in math class
Subtracting doubts with enthusiasm added
Calculating and simplifying the sums
Multiplying joy with blessings equally divided

8.55 am to 9.35 am

Preparing to be a unique part of human society
Knowing the leaders of past and present
Learning to earn love and harmony
With people, places and environment



9.35 am to 10.10 am
 Scientific temper and logic at peak
 In lab class of Biology, Physics and Chemistry
 Asking questions and clearing doubts
 Uncovering the myths and solving the mystery

10.10 am to 10.20 am
 Soon the corridors flooded after recess bell
 Fruits, biscuits, nuts, juice for zestful boys
 Calling others 'bhai' whether friends or seniors
 Something to share with abundant joys

10.20 am to 11 am
 Then, appreciating the texts in mother-tongue
 Dramas and poems and our culture
 Krishna's Arjun, Sardar Patel, and Shivaji
 Their characters to adopt and nurture

11 am to 11.35 am
 Then the English class of interaction and activity
 Language for formal and informal setting
 Adorning the speech with respect and affection
 Through reading, writing, listening and speaking



11.35-12.05-1.15 pm
 Time to flourish with Music, art and dance
 Melodious fervour with instruments and singing
 Some hearts dipping in myriad colours with brushes
 Others gratifying in rhythmic whirling and swirling

1.15 pm to 2 pm
 Here they go to catch delicious dishes
 Some palate pleasing treats and delights
 Munching, crunching the nutritious portion
 Some lunch-time jokes with savouring bites



2 pm to 3 pm
 Now all gather like family members
 United hearts with unbeatable spirits
 The roles and the learning fields shifted
 Unleashing creativity through cultural activities

3 pm to 4.45 pm
 Relearning and practising at remedial class
 Here some fun and here a frivolous reproach
 Teachers as tutors explaining, one to one
 The bond strengthened with each approach



4.45 pm to 6.15 pm

The most awaited time of the day
Trainers, coaches and children at play
Athletes, champions and aspiring players
Boisterous boys defeating the weary day



6.15 pm to 7 pm

Sparkling faces with the setting sun
Bidding adieu to the parting day
Filled with new energy and zeal
Before they stop, still to go a long way



7 pm to 8 pm

Evening prayers and invigorating vibrations
Auditing and weighing of day's activities
Exchanging some light and hearty comments
Peer learning with after-dinner meetings

8 pm to 10 pm

Recreational events and fun-filled time
Followed by intense self-study hours
Caring mentors and teachers being around
Counselling, guiding, motivating powers

10 pm

Time to switch-off for a better tomorrow
Lulled to fall silently in the arms of sleep
Unseen divine forms descending from heaven
Pampering, forgiving all, with love so deep



- SEEMA MA'AM

...continued from page 5

by either having too much work and too little play/TV time, or not having fast food for dinner every day or so, or not being able to perform well in exams or sports.

On the other hand, teachers of Atmiya Vidya Mandir frequently encounter unique questions from Bhaveshbhai:

- Sir, I could not pay attention in this morning's class for 10 minutes as I was daydreaming.
- Sir, yesterday I got angry at my friend.
- Sir, હજી પણ ડાકોળીયા મરાય છે.
- Sir, I spoke a harsh word to my classmate yesterday in sports.

- Sir, I still have negative thoughts – when will it stop.
- Sir, I get all sorts of thoughts when I sit down to do bhajan.
- Sir, I don't want these thoughts. I want to change.

What is even more remarkable is that, despite facing difficulties and failures in this strenuous path of personal and spiritual growth, he is ever willing to fight back, try just one more time, every time, and most importantly, seeks help from his teachers as instructed by Swamiji. Apart from having conversations with his teachers, Bhaveshbhai must have visited the Principal's office over a

100 times over the past 6 months with these questions, sometimes 5-6 times in a day, to seek guidance.

If you go anywhere on this planet and are able to find a student who is completely committed to his studies and self-improvement at such a tender age; he who reveals that work ethic is more important than talent, and more importantly, he who believes that God has given him all the ability and that too after scoring in excess of 90%; and despite having all the qualities of an ideal student, still having a strong will to grow spiritually, then you have to believe he is an outlier.

- TARUN SIR

Belief: My Journey with It

Born in a Rajasthani Family, I grew up listening to many mythological stories from my dadi ma, nani ma and elder maternal uncle, which sowed the seeds of *belief* that ‘Good always wins over Evil’ in my childhood mind. I remember I was in 2nd standard when DD National telecasted Ramanand Sagar’s “Ramayan” in which Lord Ram’s character consolidated the *belief* in me stronger.

But as time passed, I moved into my teenage where we started to understand things in our own style. Like every other urban kid, I too got influenced by various external factors like feeling the pressure to cope up with the cut throat competition, desiring to have all types of fashionable accessories and the showbiz got me too indulged in a mad race for materialistic achievements.

Gradually my *belief* in good and all happened to fade away. I even made compromises in my own standards for behavioural conduct. Then during and even after my 12th, the Great Almighty bestowed upon me some *special individuals* in my life, whom we name friends along with Great personalities who knowingly or unknowingly played the role of mentors in my life (Manoj sir & Jay Chharia sir) whose presence helped me find my lost belief in honesty, hardwork, and more importantly in my own abilities. Yet, *belief*, in my life lacked stability. At times some amazing super hero movies, and movies like Rang De Basanti and Munnabhai series kept the spark in me alive. Though somehow my *belief* was yet contingent, it remained with exceptions and restricted to reel stories.



Meanwhile life moved on, I completed my *graduation*, started my career as an educator with a strong *belief* to be able to do “GOOD”. In the early 2012, I happened to meet Purvesh Sir and through him had a visit to AVM and met Team AVM. This was a special *turning*

point in my life where reel stories met real stories.

Henceforth, my *belief* kept getting stronger and better than ever.

Belief in a great future of my country became stronger when I see modern age students at AVM so close to their parents, their habit of honest prayers and their perseverance for excellence.



My *belief* in a pollution free environment gets rejuvenated when I see the “Neem Trees” in AVM compound.

My *belief* in ever improving society gets reinforced when I attend assemblies of AVM.

My *belief* in ever lasting peace and divinity enhances when I spend time in the serene environment of temple at the heart of AVM.

My *belief* in success story of Sports for our country too gets stronger when I see the lush green playgrounds, professional coaching facility and ample support staff at AVM.

My *belief* in *innovation* in field of teaching also keeps increasing when we experience technological up gradation at AVM at regular intervals.

My *belief* in success of systems and policies driven organisations also gets reinstated when we experience the professional and efficient work approach of Team AVM.

My *belief* “in working 100% for a cause and die doing it” even in today’s self-centred world gets reinforced when I see experts & professionals from around the world join in on one instruction of Swamishree & devoting their entire life for a cause. It is very very inspiring for me.

To sum up, *belief* gets its share of depreciation when we visit our daily life challenges, but I feel myself extremely fortunate to find a permanent source for refuelling it. For now I know where to look for when I lack it.

PRATIK SIR
B.Com, CA, LLB
Swastik Education

પ્રજ્ઞા પ્રવૃત્તિ

સમગ્ર જીવનસૃષ્ટિનો એકમાત્ર જીવનાધાર વરસાદ છે. માણસને જીવવા માટે શ્વાસ પછી બીજું કોઈ મોટું પરિબળ હોય તો તે પાણી છે! વેદકાળમાં ઋષિમુનિઓ રાજાને આશીર્વાદ આપતી વખતે સૌથી પહેલા એમ કહેતા કે, “કાલે વર્ષતુ પર્જન્યઃ” અર્થાત, તમારા રાજ્યમાં યોગ્ય સમયે વરસાદ થાઓ. વર્ષના આઠ માસ સુધી આકાશી અગનગોળાઓ તપાવ્યા પછી ધીમી ધારે અને ચોમાસાની ઋતુ પૂરબહારમાં ખીલે ત્યારે અનરાધાર વરસતા વરસાદનું મહત્વ વરસાદ ન પડે ત્યારે જ સમજાતું હોય છે.

ધાર્મિક આસ્થા ધરાવતા લોકો આવા સમયે પર્જન્યચક્રો કે અખંડધૂનનું આયોજન કરે છે, તો કૃષિ વૈજ્ઞાનિકો વળી કૃત્રિમ વર્ષાના પ્રયોગો કરે છે. ગ્રામ્ય વિસ્તારનો ભોળો, અબુધ, અશિક્ષિત આમઆદમી પણ પોતાની રીતે વરસાદ માગવાના પરંપરાગત પ્રયત્નો કરતો હોય છે. ઉત્તર ગુજરાતમાં વરસાદને રીઝવવા માટે આવા વર્ગ દ્વારા થતો પ્રયત્ન એટલે ઢૂંઢિયા બાપજી. ધોરણ ૫ ના નાના-નાના ભૂલકાઓને આ લુપ્ત થતી સંસ્કૃતિનું દર્શન પ્રજ્ઞા પ્રવૃત્તિ દ્વારા કરાવવામાં આવ્યું હતું.

- ગૌતમ સર



વિવિધતામાં એકતા

વિવિધતામાં એકતા એ ભારતીય સંસ્કૃતિનું વિશિષ્ટ લક્ષણ છે. દેશમાં વિવિધ પ્રદેશો છે, એ પ્રદેશોમાં વસતા લોકોનાં પહેરવેશ, ધર્મ, ભાષા, રીતરિવાજમાં ભાતીગળ ભિન્નતા જોવા મળે છે. “સમગ્ર ભારત એક છે અને આપણે બધાં ભારતીય છીએ” એ ભાવના પ્રાચીન કાળથી પોષાતી આવી છે. ભારતની આ સામાજિક, સાંસ્કૃતિક અને ભાવાત્મક એકતા ઝનૂની પરદેશીઓનાં આક્રમણો સામે પણ અખંડિત જ રહી છે. રાષ્ટ્રભાવનાની કેળવણી દ્વારા, આપણે રાષ્ટ્રીય એકતાનો પાયો વધુ મજબૂત રાખી શકીશું. સાહિત્યકારો, શિક્ષણકારો, સમાજસેવકો તેમજ નેતાઓ રાષ્ટ્રભક્તિનો વિકાસ સહાય એવું વાતાવરણ સર્જી શકે છે. રેડિયો, દૂરદર્શન તેમજ ફિલ્મનિર્માતાઓ પણ નોંધપાત્ર ફાળો આપી શકે છે.

આ જ હેતુને ધ્યાનમાં રાખીને આત્મીય વિદ્યા મંદિરના ધોરણ-૬ ના ભૂલકાઓએ ભારતમાં વસતા દરેક ધર્મના ધર્મપ્રતિકો બનાવી વિવિધતામાં એકતાની ભાવના વ્યક્ત કરી હતી.

- ગૌતમ સર



CBSE Cluster 9 Volleyball Championship

This official championship was held in October 2013 by Shri Ramkrishna Harikrishna Academy, Kamrej (Dist. Surat) in which 41 schools from the states of Gujarat, Maharashtra, Goa and Rajasthan participated in the tournament.

The team of Atmiya Vidya Mandir reached the Quarter Final in which it gave a commendable fight (25/23, 25/23, 26/24) to the tournament's eventual runners up team: Montfort School - Nagpur.

The following students showed remarkable performance in the tournament:

Class 10



Nirmal Patel

Class 12



Romil Patel

Class 10



Rohan Shingala

- RITESH SIR



Kinaesthetic Intelligence Competition

To provide an opportunity to all those students who possess a dominant, innate kinaesthetic ability, teachers at AVM planned for an Interhouse Kinaesthetic Intelligence Competition. Different activities ranging from dance to drama and sports activities from very elementary level to basketball tricks, were designed for different age groups of students.

In this marathon event planned and executed by a highly dedicated and creative team of teachers, the participants gave an enchanting performance by putting to use their abilities to make judgement and move their body, coordination, expression, dialogue delivery and team work.

- SUHRADAM SIR



CBSE West Zone Handball Tournament

This major CBSE Handball Tournament was held in October 2013 by Singhania Global Academy, Sikar (Rajasthan). 32 schools from Gujarat, Maharashtra, Rajasthan, Chhattisgarh, Goa, Madhya Pradesh and Diu/Dadra & Nagar Haveli participated in the tournament.

The team of Atmiya Vidya Mandir played and lost against the Lucky Bal Niketan team in the Quarter Final.

Akshay Golwala scored a total of 5 goals, Love Patel scored 3 goals, Manan Ladani 2 goals and Harshil Soni and Pradeep Chaudhary 1 goal each during the tournament.

- KALPESH SIR



CBSE West Zone Athletic Meet 2013-14

As part of the commendable efforts put in by CBSE for the all-round development of the youths of our country, this athletic meet turned out to be a highly successful event. There were upto 15 different track and field events, attracting 1378 young athletes from Gujarat, Maharashtra, Rajasthan, Madhya Pradesh, Chhattisgarh, and Daman & Diu.

The AVM enthusiasts put in their best efforts and eventually, Love Patel (11 Commerce) won the Bronze Medal in the under 19 Javelin Throw. The event was effectively hosted by P P Savani Chaitanya Vidya Sankul during 18-20 November 2013.

- RITESH SIR & KALPESH SIR



There are no shortcuts

In the process of development of an individual or in the formative age there is no technology that can replace hard work. In other words there are no shortcuts to success and happiness.

Today, people are in such a hurry to get success that they impatiently take any shortcuts that come in their way and bypass the process of acquiring skill. Momentarily they feel happy, but unfortunately after taking such shortcuts, the task goes beyond their abilities and comfort levels. So, the key to any long-term success is to take the necessary steps to acquire the skills and steadily progress towards the goal.

Shivam House students and teachers explored this very important aspect in the daily morning assemblies during the week immediately following the Diwali 2013 break.

- RASHMI MA'AM

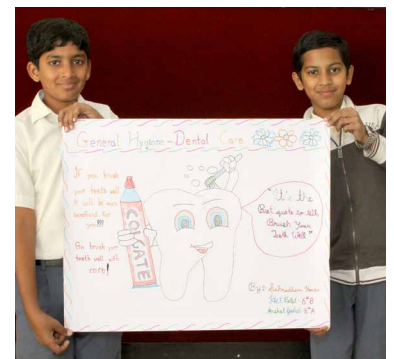
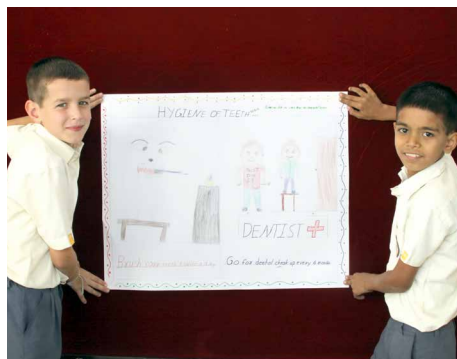


Interpersonal Intelligence Competition

On 23rd November, 2013 an inter-house competition based on 'Interpersonal Intelligence' was organised in which students got to explore their talents in understanding and interacting with other people verbally as well as non-verbally in the group. They were given grade wise and house wise, specific activity for which they had to work as a team and use their creativity to finish the given task in limited time.

Throughout this competition, the participants from each grade levels worked as a team and learned to respect other's ideas. It was a good experience for them to learn how to resolve their conflicts in a constructive way. For teachers, it was a delightful treat to see their budding stars in action.

- PRIYAVADAN SIR



मन के मत पर मत चलियो (Life and Message of Raja Vikramaditya)

Right at the beginning of the *Vikram Samvat* 2070, the Hindu New Year, AVM saw the Sundaram House students role-playing and re-living a few incidences from King Vikramaditya's life, demonstrating how much just, kind and religious king he was.

Through presentations, videos, documentary and speeches and a very special creative assembly, they presented the accounts of his incomparable sense of justice and his unparalleled quality of being benevolent. Every incident in the life of this great hero is a witness to his unflinching faith in God and his brilliant capabilities as a king and administrator which he wisely invested for the welfare and prosperity of others.

- SEEMA MA'AM



Inter House Football Competition

AVM is not different from most of the changing urban centres of India where so many youngsters now enjoy playing and watching football. That made the early December Inter-House Football Competition a perfect stage for students to showcase their skills, talent and enthusiasm towards the game.

The eagerly awaited showpiece tournament was preceded by a 15 day – training camp for all the houses to sharpen their skills and develop team combinations. Dhiren Sir, Tejas Sir and the rest of the Sports team worked very hard to ensure that the competition truly lived up to its hype and expectations.

- TARUN SIR





Attitude is everything

To help facilitate the need to understand and develop the right attitude in the life of the students, Suhradam House got the privilege to celebrate the value: “Attitude is Everything” in the very first week of wintry December. The week comprised of many inspirational speeches, captivating presentations and also fascinating stories superbly presented by the teachers and students.

Different aspects of attitude of a responsible student of AVM, moral citizen of the society and an ideal child of parents were discussed during the week including: *being Atmiya with everyone, ever positive and never negative, being sincere in studies, respect for everyone, using language (vaani) aptly and keeping company of good friends.*



- HARSH GONDALIYA (GRADE 10)

સંગીત નાદબ્રહ્મ સાધના (Music Intelligence Competition)

જેમ ત્રિષિમુની તપ, ધ્યાન અને જપ કરી ભગવાનનું મનન ચિંતન કરી ઈશ્વરની પ્રાપ્તિ કરે છે. તેમ સંગીત વિષયમાં હૃદયથી સાધના કરી ભગવાનની પ્રાપ્તિ કરવાની હોય છે. આત્મીય વિદ્યા મંદિરના ભૂલકાંઓએ સંગીતની સ્પર્ધા રૂપી તક ઝડપી એક અનેરી સાધના કરી જેમાં તેમની સંગીતના વિવિધ પાસાની સુંદર સમજનો દરેક ને ખ્યાલ આવ્યો.

શાળાના સહુથી નાના, કક્ષા ૧ થી ૩ ના ભૂલકાંઓએ ગાયન ને સ્વર-લય-તાલ તથા હાવભાવ સાથે સુંદર પ્રસ્તુતિ કરી હતી. કક્ષા ૪ થી ૬ ના વિદ્યાર્થીઓએ કોમ્પ્યુટર અને સાઉન્ડ સીસ્ટમના માધ્યમથી જે શાસ્ત્રીય વાદ્ય જેમ કે તબલા, હાર્મોનિયમ, જલતરંગ, મોહનવીણા, રબાબ, પખાવજ, સંતુર, વાંસળી, સારંગી, વીણા, શહનાઈ, રુદ્ધવિણા, ગીટાર, ઢોલક, ડ્રમસેટ ની સંગતી તથા એકાંકી વાદન વગાડવામાં આવ્યું હતું, તે સાંભળી કયું વાદ્યવાદન થાય છે તથા તે વાદ્યને કયા કલાકાર તેની સુંદર પ્રસ્તુતિ કરે છે તે સાંભળીને બતાવવાનું હતું.



કક્ષા ૭ થી ૮ ના ભૂલકાંઓએ સંગીતની કૃતિમાં સુંદર ચાર લાઈનના આધ્યાત્મિક શબ્દો આપવામાં આવ્યા હતા જેમાં આ ભૂલકાંઓએ તેમની આવડત પ્રમાણે ગુપમાં તે ચાર લાઈનના શબ્દોને સુંદર કમ્પોઝ કરી જેમાં કોઈ ગીત ગઝલ કે ભજનના સ્વરનો ઉપયોગ કર્યા વગર તેમને તેમની જાતે શબ્દોની સ્વર-રચના બનાવીને સુંદર પ્રસ્તુતિ કરી વાતાવરણમાં સંગીતના સુરો લહેરાવ્યા હતા.

કક્ષા ૯ થી ૧૦ ના ભૂલકાંઓની રજૂઆતમાં તેમની આવડત, તેમની સંગીત પ્રત્યેની લાગણી, તેમની સાધના તથા ગુરુ શિષ્યની સુંદર જુગલબંદી (સાથ-સંગત) જોવા મળી હતી.

- જેમીન સર



લુચ્યું લબાડ નાલાયક મન (The wisdom and teachings of Gunatitanand Swami ni Vaatu)



Gunatitanand Swamiji, the ideal devotee of Lord Swaminarayan, through His talks, has explained the glory of God in such simple and lucid language so as to appeal to any individual, regardless of their age or education. He has highlighted that one of the biggest hindrances in acquiring happiness is our mind and that “we are not our mind”, that is we are different from our mind. This idea was conveyed throughout the 2nd week of December 2013 by discussing one unique pearl of wisdom on each day of the week. It was highlighted



that we must have someone in our life who can tell us outright what to do and what not to do and insist us on doing the right things.



In the creative assembly, ALL the Shivam House students from Std 3 to Std 7 participated and presented an entertaining and enlightening drama titled, ‘લુચ્યું લબાડ નાલાયક મન’ (“The cunning, unworthy, roguish Mind”). The central theme was based on the Gunatitanand Swami ni Vaat, “કેટલાક ને મન રમોડે છે અને કેટલાક મન ને રમોડે છે.” (“The mind tricks many while many trick their minds”). Through this drama it was conveyed to the children that we need to take persistent fight with our fickle mind.

- PRABHUDARSHAN SIR



Practice makes perfect

Satyam House celebrated the value “Practice Makes Perfect” during the 3rd week of December 2013.

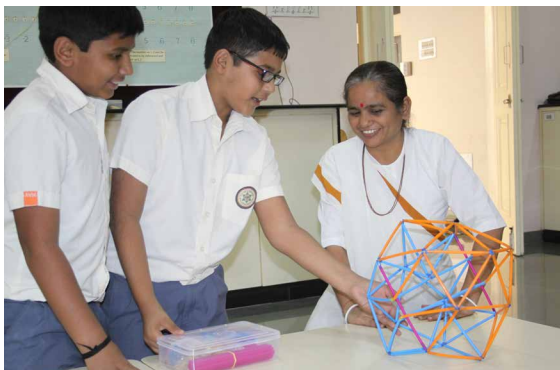
The underlying theme was that proper & repeated action results in perfection and it can help to perform better in academics, excel in sports or master any performing art.

During the week, apart from the daily inspirational thoughts and videos, students got an opportunity to witness an AVM Young Talent Show in which three AVM students with outstanding performance in different fields: Amit Chaudhary (Std 9) in Running, Niramay Tanna (Std 10) in Mathematics and Love Patel (Std 11 Commerce) in IT, were interviewed by the show host, Naman Banka of Std 7.

Another very motivating event of the week was when Jaimin Sir, the school’s tabla guru, shared his experience throughout his journey towards mastering the art of playing tabla. He highlighted that the painful struggle and the thrill of the journey led to happiness after each step forward from what he was in the beginning, only because of PRACTICE.

The house teachers and students, all, made a very energetic attempt in exploring various aspects of this value throughout the week and its impact was seen, remarkably so in the students of grades 1-4.

- SUNITA MA'AM



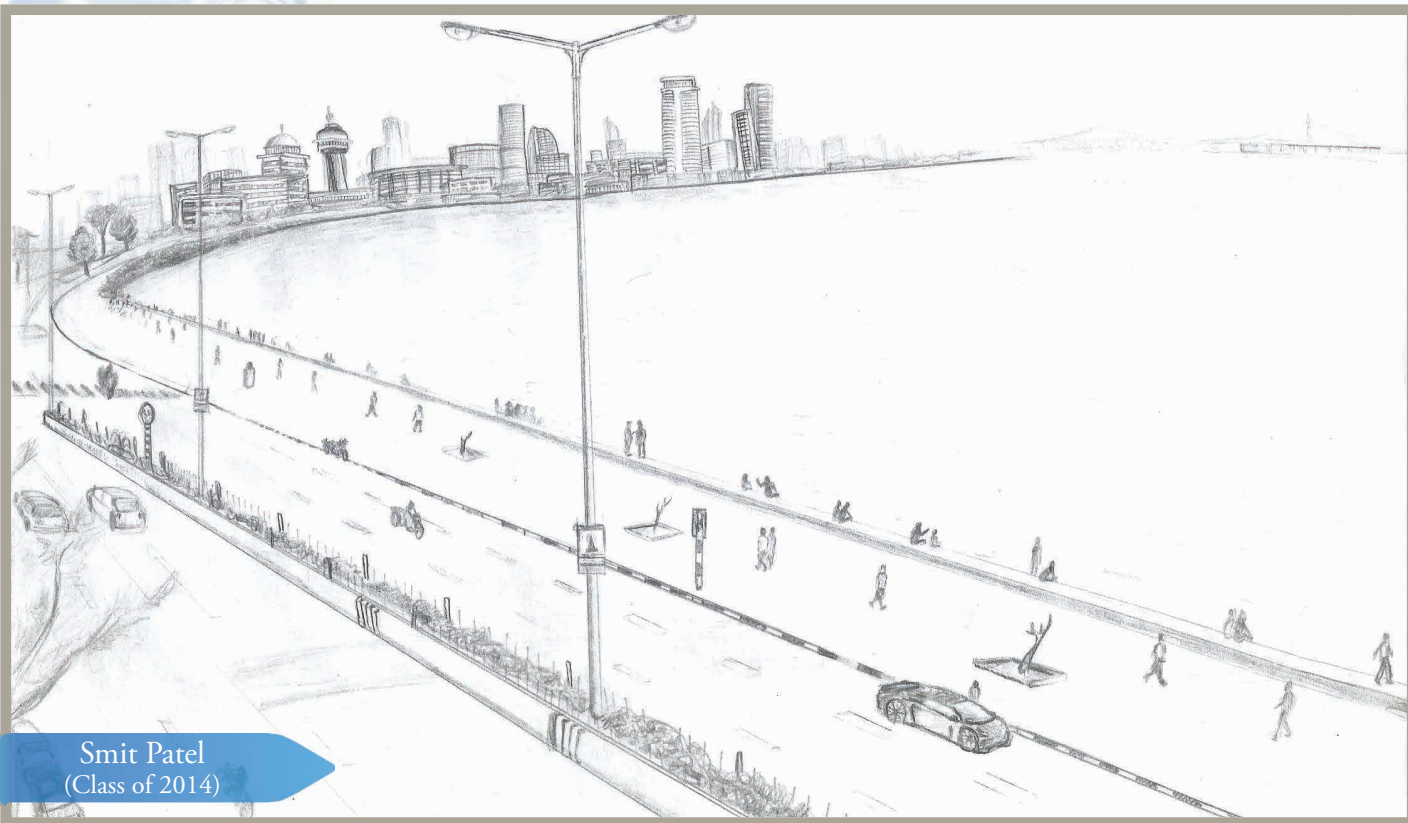
Mathematics: Gateway to all Sciences

To further instil interest in the students for Mathematics, teachers at AVM made a humble effort to organise an exhibition on the subject. The exhibition presented Games, Activities, Magic and Puzzles, all based on different Mathematical Concepts. There was a section on Amazing Facts and Patterns based on Mathematics to cater to the curiosity of students and teachers. Another section provided several Shortcut Methods for easy calculations.

The exhibit also provided insight into the lives of great Mathematicians and in fact, it was inaugurated on 22nd December 2013, on the birth anniversary of the great Indian Mathematician, Srinivasa Ramanujan who has inspired millions so far. Interviews of many skilled people of different fields helped students to understand the use of Mathematics in different areas of life.

- SWAYAM MA'AM





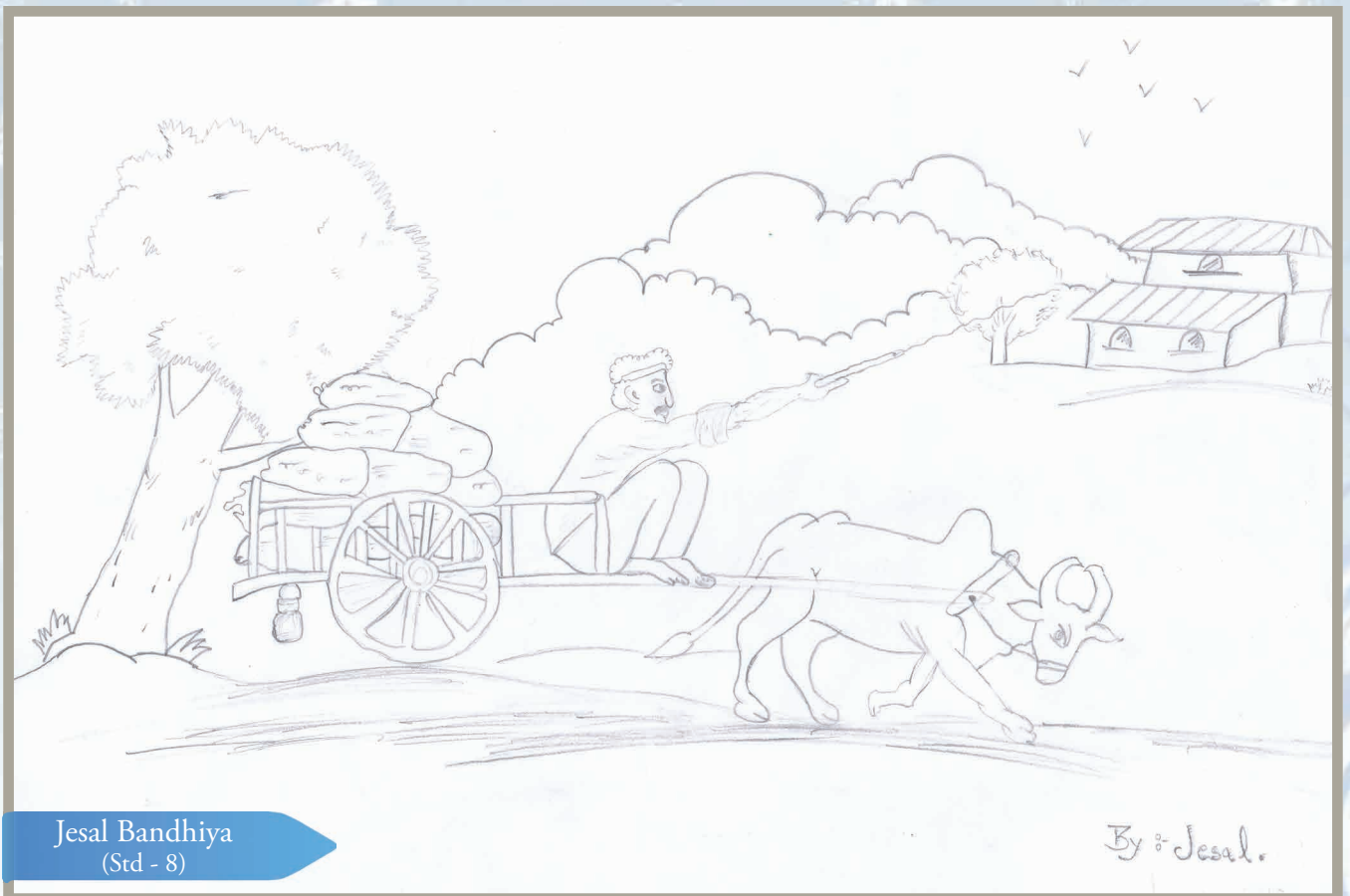
Smit Patel
(Class of 2014)



Harsh Gondaliya
(Std - 10)



Dev Patel
(Std - 8)



Jesal Bandhiya
(Std - 8)

By :- Jesal.

Preparations for the biggest sports carnival of the year – the 10th Atmiya Annual Athletic Meet

“There is no glory in practice, but without practice, there is no glory”. Keeping this quote in mind the sports teachers organised the sports calendar for 2013-14.

At the beginning of the year, a decision was taken to pay more attention to the fitness of the students. In line with that, after the summer vacation, a 15 day fitness camp was organised by the sports teachers so that the students can get back into a proper physical shape. To maintain fitness throughout the year, more time was allotted to the running, jogging, exercise drills, etc.

It meant a bit lesser playing time for the students. But soon, the improved fitness helped students to improve their skills in their respective sports and helped them become better at it. Morning jogging and yoga was included in the physical fitness program as a part of the winter session in the school.



Getting up early in a cold winter morning is never an easy task, but the students and sports teachers overcame the hurdle and followed

the program with sincerity. All these efforts led to a better fitness of the students and hence expectation of a better performance in the athletic events.

The sports department at AVM planned the athletic meet in such a way that all students could participate in their choicest events. To increase the medal winning opportunities for students, the participation of each student was limited to 3 events. This time around, the students were divided into different age categories and standards. Five groups were made so that the students could compete fairly.

Here are the groups:

- Group A: Class 1, 2
- Group B: Class 3, 4
- Group C:
Under 13 years age
- Group D:
Under 15 years age
- Group E:
Under 17 years age



Each group consisted various track and field events to suit the capabilities of the students. After the success of introducing the Javelin Throw event last year, the sports team added Triple Jump event for groups D and E this year.



To make sure the students understood the rules of various events and developed specific skills, a 2 week athletics camp was organised leading up to the athletic meet. They were given opportunities to practice their events regularly with inputs from the coaches. Emphasis was put on maximizing the potential and aiming for better performances. To motivate the students further, existing school records and CBSE zonal records were displayed so that students push themselves harder to achieve more.

For teachers, the challenge was not only to prepare the athletes for this marquee event, but also to prepare



a very high class athletic track and field arena so that the students can enjoy the event to the fullest. Sports teachers took extra time out from their routine to set up an eye-catching arena. A 200 metres track was prepared for all the track events. Around the track, fields for Shot Put, Javelin Throw, Discus Throw, Long and Triple Jump, High Jump and Ball Throw were marked and prepared. A special walk way was created around the track and field arena so that students could move freely and enjoy their choicest events.

After some very meticulous planning and super preparation, the arena was set for the opening ceremony of the 10th Atmiya Annual Athletic Meet on 25th December.

- TARUN SIR

Sporting Carnival at AVM the 10th Annual Atmiya Athletic Meet

After lots of anticipation, preparations and planning, the day came when the sporting carnival of the year began on the 25th of December 2013. The mega event kicked off with a grand opening ceremony. Students and teachers alike were preparing for this showpiece event separately from the regular preparations.

The opening ceremony

The performances in opening ceremony included gymnastic activities, dumbbell drills, 'Suryanamaskar' and 'aasans'. All of these activities underlined the importance of such physical work and the enthusiasm amongst students for these traditional methods to keep themselves fit and healthy. To add glamour and vibrancy to the ceremony, special dancing and singing performances were kept. The choir group of the



students of class 6, 7 and 8 sung a melodious song 'Ashaein' under the able guidance of Himanshu Sir and Jaimin Sir. The song encouraged students to aspire and do everything they can to achieve those aspirations. A scintillating dance performance was presented by the dancing group on a very popular song 'Bhaag Milkha bhaag', which encapsulated the spirit of the event. The dance was very creatively choreographed by Suhradam Sir.

For this very important event special guests were invited. P. Fuvaji



and P. Suhrad Swamiji along with P. Ambrish Swamiji graced the event with their presence. Not only that, P. Fuvaji and P. Suhrad Swamiji addressed the students and encouraged students to perform up to their potential. They also applauded the ef-



forts put in by the sports teachers. After the speeches from the guests, it was the turn of the Sports Captain Nirmalbhai to conduct the oath taking ceremony. The ceremony concluded with the principal Respected Vijay Sir officially declaring the 10th Annual Atmiya Athletic Meet open.

The entire event was divided into 6 sessions ending on 28th December with a prize distribution ceremony. Being the 10th Annual Athletic meet, the administration introduced new, sparkling and prestigious Run-



ners Up and Winners trophies. The site of new trophies energized and motivated the students to do even more and make their house the first

holders of these beautifully made trophies.



Track and Field events

From December 26th, all the events began as every single student from class 1 to 11 participated in one or the other event. In itself it was the biggest attraction as well as a matter of recognition for the sports team as all the students were presented with an opportunity to compete in front of the whole school. The motto of the event, 'Winning is not everything but participation and the will to win is', truly reflected in the attitude and enthusiasm of the students and teachers. All the students



did their best to win some points and medals for their houses. Those who could not, certainly tried to encourage and cheer the participants from their houses. But the most satisfying thing was that all the students appreciated good performances from the students from all houses as they realized that at the end, it is a win for the school.



“We aim above the mark to hit the mark.”

Considering this famous quote from Ralph Waldo Emerson, the sports teachers printed and posted the current school and CBSE records for individual events on the respective track and field arena. The idea behind this was to encourage students to aim higher and maximize their potential. Not only were students encouraged to win the medals but were also pushed to break the current records to improve their individual performances. So many broken records in the 10th Annual Atmiya Athletic Meet is a testimony to the drive of the students to achieve and perform to the best of their abilities.

Contribution from Volunteers and Academic teachers

Such a massive event couldn't have been possible without the dedicated contributions from the student volunteers, academic teachers and admin staff. Kalpesh Sir put together a very devoted team of 25-30 student volunteers who were the engines of the routine tasks such as managing the sports equipment for respective events and becoming the bridge between the officials, scorers and participants. The academic teachers and admin staff were also very keen to



contribute immensely in the event. A special credit goes also to Kshitij Sir and Pushpak Sir who were the anchors for the whole event. They did not let such a hectic schedule of a long event come in the way and kept encouraging the students through the microphone. The kitchen department also played a very significant role, as throughout the days



of this event, the refreshments and snacks were provided to the students on the field. The sincerity, availability and willingness to contribute from all the members of Atmiya family throughout the meet made the event an even bigger success.



The last hurrah

After the vigour of 4 sessions, it boiled down to the final session in which 10 final events were kept from the 5 student categories. The planning was done so carefully by the sports teachers so that in the ultimate session of the event, students, teachers and guests could witness the most exciting finals. 100 metres finals and 4x100 metres relays were a matter of great anticipation and excitement in this last session. A special relay event was organised for the class 12 students as they were busy in their studies for the upcoming Board exams. The performances from the young athletes in this final session, captured the imagination of the whole school as they stepped up their performances. Sheer determination and uplifted performances not only entertained everybody but they also broke some more records in the process.

And the winner is.....

After a very long fitness program, 2 week preparation camp for the students, planning and preparing the athletic arena from the teachers, competitive and enthusiastic participation and some record breaking performances later, we reached a moment where the recognition for





all these efforts was due.

A special set up was prepared in the centre of the field for the prize distribution ceremony. The ceremony started as the medals and certificates to the winners were awarded by various teachers and guests. In such a massive event, few individuals always outshine the rest with their determination, persistent efforts and supreme performances. And it is only fair to recognize such individuals. To encourage such outliers, the Best Athlete trophy in each of the student category was presented to such students. The noise reached a new level as all of these students were equally appreciated by the students of all the houses.

Along with the winners, the efforts and sincerity of volunteers was also recognized. Special appreciation

certificates were handed to these volunteers from respected Haresh Sir. Upon the request of Haresh Sir, a special photo was taken to commemorate the contribution of these young students who upheld a very core value of the school 'seva.'

All of this only added to the eagerness for the announcement of the winner house. Throughout the event it was very difficult to predict which house would win as athletes from all the houses had shown their worth in different categories and that kept their house in hunt to win the prestigious trophy. It was one of the closest fight in the recent years as only 6 points separated the houses occupying 2nd, 3rd and 4th positions. But the reigning athletic meet champions Sundaram House won the competition second year in

a row and Suhradam House finished second. Respected Govind Sir (Principal, Sarvanaman Vidya Mandir) and Haresh Sir (Administrator, Atmiya Vidya Mandir) presented the trophies to the winner as the mega event came to an end. Vijay Sir then officially declared the 10th Annual Atmiya Athletic Meet closed as fireworks took the centre stage.

Although the event has ended but the echo and memories of this event will remain with everyone involved for a very long time. The administration of the school heartily congratulates all the students and the staff members for organizing such a fantastic and exhilarating event which can only enhance the experience at this wonderful institution.

- TARUN SIR



Best Athletes	House	Category	Points	Medals Won
Hari Martin	Satyam House	Group -A	30	3 Gold
Mumukshu D Patel	Satyam House	Group -B	24	1 Gold, 1 Silver, 1 Bronze
Shrimed M Sangani	Suhradam House	Group -B	24	1 Gold, 1 Silver, 1 Bronze
Shubh J Patel	Shivam House	Group -C	30	3 Gold
Darshan J Patel	Suhradam House	Group -D	30	3 Gold
Mayank M Watwani	Sundaram House	Group -E	28	2 Gold, 1 Silver

	House	Gold Medals	Silver Medals	Bronze Medals	House Points
Winners	Sundaram	14	11	16	324
Runners Up	Suhradam	12	9	9	266

Being blessed by Him to be better



It was the eventful month of February and the so called examination mammoth was inching closer.....the students and the teachers were feeling nipped; Occasionally, the pursuit of targets left the minds weary and the fatigue engulfed these mortal forms,... as if passivity was hovering over for its prey: consequently, a growing urge for a divine help was apparent from the swelling visitors to the altar at school's prayer hall....hurrah !!!! The prayers were answered!!! His Divine Holiness Param Pujya Hariprasad Swamiji Maharaj arrived at AVM, His very glimpse was like a sight of an oasis by the parched travellers, there were delighted faces and elated hearts, the joy was unfathomable as the students, the teachers and the entire AVM family and everything around here.. took on a bright sheen as if rejuvenated and imbued with happiness by His presence.

His boundless love for the students called for an assembly (Sabha) which was held in the school prayer hall on 25th February 2014. The hall was brimmed with devoted heads and eager hearts as Swamishree addressed all with His kind and deep concern. To begin with, the students sang a heart stirring lyrical hymn... adding a bit edge to the ardent ambiance and there came a benign smile on Swamishree's face as He listened to these prayers being offered to Him. Purvesh Sir handled the mic and being a zestful host of the programme, he shared a few incidences where students of AVM evidently practised ideal behaviour in classes, playground and in hostel. Soon after Vinamrabhai of Std 8th was invited on the stage to present a brief report on cultural activities through which lessons of harmony and the moral values are imparted to the students. Thereafter, Purvesh Sir specified a few more incidents stating how the very mission of the school



Guruhari Param Puja Swamishree's visit



“Union of Body, Mind and Soul” is being accomplished. This brought an appreciating and enchanting gesture on Swamishree's face and His encompassing gaze left us in total bliss. After that Abhishekbhai Ariwala and Nileshbhai Yadav of Std 12th offered a prayer on behalf of all students and asked for His blessings in all their endeavours. It was followed by a much awaited and momentous opportunity for the students of class 12th to get one-to-one meeting with Swamishree. He was being affectionate, listening patiently to each one of them enveloping them in His divine aura and blessing them.

Then came the ever auspicious “better one day in your court than thousand elsewhere” moment, when Swamishree voiced His golden words. How convincingly yet persuasively He explained to the students that they should always be extremely respectful to their parents and withdraw instantly the very thought of aggressiveness towards elders in the family! Students listened very earnestly when Swamishree stressed over becoming God-Loving and adopting the habit of resorting to prayers in all times. Moreover, He strengthened their commitment and zeal for being better by insisting them to avoid watching distracting movies and keeping good company. Thus, Swamishree blessed students not only for a brilliant career but induced the contemplation to lead a fearless existence with righteousness, purity of intentions, positive thinking and focused mind.

If glorious sun shines above our head ... what more light needed to be asked for? Seemingly Swamishree's very presence among us exudes a powerful scent of serenity, how fortunate we are to be sheltered under His umbrella of love and enjoying the bliss!!!!!!

- SEEMA MA'AM



Making the miracles within reach

In the second week of January, Sundaram House members presented the incidents and details of inspiring lives of the Nobel Laureates from India. It started with a detailed introduction of the Nobel Prize in which, students were explained the humanitarian purpose of Alfred Nobel in establishing this peace prize which bears his name. Students were then given a short insight into the lives of the legendary Nobel Laureates of India, like Mother Teresa, Rabindranath Tagore, C.V. Raman, Amartya Sen, Har Gobind Khorana and Dr. Subramanyan Chandrasekhar. Students were also explained how these remarkable individuals made their way to this most prestigious award of the world.

Thus, though the list of the inspiring Nobel Laureates is long and the inspiration is unlimited, but a secret spark in these young minds was ignited. This way, these assemblies about Nobel Laureates induced a dream in students' hearts that they should stride towards their glorious future in such a way that they also contribute to make the world a better place.

- SEEMA MA'AM

NOBEL LAUREATES OF INDIA



1913

RABINDRANATH TAGORE
Nobel Prize in Literature



1968

HAR GOBIND KHORANA
Nobel Prize in Medicine
**US citizen of Indian origin*



1983

SUBRAHMANYAN CHANDRASEKHAR
Nobel Prize in Physics
**US citizen of Indian origin*



2009

VENKATRAMAN RAMAKRISHNAN
Nobel Prize in Chemistry
**US citizen of Indian origin*



1930

C V RAMAN
Nobel Prize in Physics



1979

MOTHER TERESA
Nobel Peace Prize
**Indian citizen of Albanian origin*



1998

AMARTYA SEN
Nobel Prize in Economics

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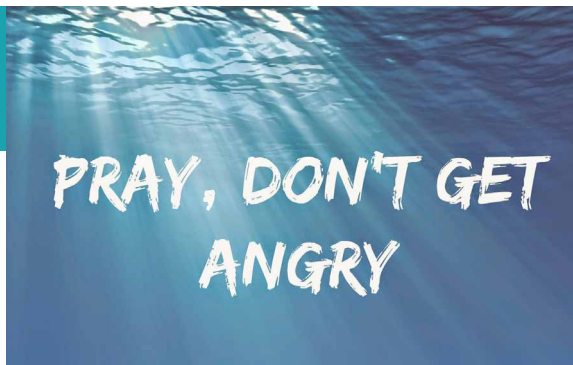
Anger Just one letter short of Danger

Suhradam House members elucidated the value “Anger – Just one letter short of Danger” during 23rd Dec to 28th Dec’13 with a divine intention to enter in the New Year 2014 taking a heart full of joy and love for others, leaving the *Dangerous Anger* behind. During the week, tremendous efforts were made to understand one of the most unpleasant aspect of human emotions – Anger.

Students were introduced to anger as one of the common human emotions such as happiness, sadness, etc. Thereafter, the biological effects of keeping anger inside us were discussed by Archana Ma’am through a very informative PPT. Following that, the effects of anger when let out and its external physical effects were brought to light.

Later in the week, students were explained about the ways to find the source of their anger and how to manage it. They discussed constructive ways to find, express or release anger. The week concluded with a discussion on a variety of ways to deal with people in different situations when they are angry.

- HARSH & KEYUR (GRADE-10)



Field Trip A Class outside the Classroom

The students of class 10 got a very educative opportunity on 4th Jan. 2014, to visit some highly successfully operating plants of sugar production, weaving and dyeing, thanks to the efforts of the school and our teachers.

In the first half of the day, at the Bardoli sugar factory, they learnt some fascinating details about its 50+ years old plant and its glorious journey towards becoming a leading sugar producer in Asia. They were also explained by the supervisors, the end to end process of producing sugar.

Thereafter, they visited a cloth dyeing unit where they witnessed an interesting combination of science and colours, learned how the cloth was coloured and how designs were printed on plain cloth with the latest technology. Moving further, they were delighted seeing the process of how threads were combined to form the cloths.

Overall, this industrial visit helped the students to gain a better understanding of the industrial processes and also an appreciation of the effort and dedication required for achieving success as a team.

- GRADE 10 STUDENTS



Inter House Basketball Competition

Over the 10 years since its inception, Atmiya Vidya Mandir has increasingly put in efforts, learnt and got better in many of its celebrations. This time it was the turn of Inter-House Basketball competition. One of the true global sports, Basketball has many admirers and enthusiasts in the school. Popularity of the sport in the school should not come as a surprise due to the presence of a healthy number of students from the US and Canada.

The competition began on 4th January, and ended on 7th January 2014. But the 4 day event was full of enthusiasm and excitement along with some outstanding performances by many students. A special mention of the School Basketball Coach, respected Bankim Sir for his tireless contributions. His hard work throughout the year helped all the students to improve their skills which only improved the overall performance and level of the Inter House Basketball Competition.

- SMIT (GRADE 8)



આવી આવી આવી રે... ઉત્તરાયણ આવી



હિંદુ ધર્મમાં મકરસંક્રાંતિને ઘણું મહત્વ આપવામાં આવ્યું છે. વેદો અને પુરાણોમાં પણ આ દિવસનો ઉલ્લેખ જોવા મળે છે. દિવાળી, હોળી, શિવરાત્રી અને અન્ય તહેવાર સાથે વિશેષ કથાઓ જોડાયેલી છે અને આ બધાં જ તહેવાર અંગ્રેજી મહિના અનુસાર ન આવતા હિંદુ માસ અને તિથિ મુજબ આવે છે જ્યારે મકરસંક્રાંતિ એ એક ખગોળીય ઘટના છે અને જેનાથી જડ અને ચેતનની દિશા અને દશા નક્કી થાય છે. આ તહેવાર એવો છે કે જે અંગ્રેજી મહિના મુજબ ૧૪ જાન્યુઆરીએ આવે છે.

મકરસંક્રાંતિ સમગ્ર ભારતમાં ઉજવવામાં આવે છે. જોકે દરેક પ્રદેશમાં તેનું અલગ-અલગ નામ છે અને ઉજવણીની રીતો પણ જુદી-જુદી છે. આ વર્ષે આત્મીય વિદ્યા મંદિરના ધોરણ ૫ ના નાના-નાના ભૂલકાંઓને મકરસંક્રાંતિ(ઉત્તરાયણ)ના પર્વનું ધાર્મિક, સામાજિક અને વૈજ્ઞાનિક દ્રષ્ટિનું મહત્વ સમજાવવામાં આવ્યું. તથા પતંગ ચગાવવાની વિવિધ કળાઓ વિશે માહિતગાર કરવામાં આવ્યા. ત્યારબાદ પતંગ ચગાવતી વખતે રાખવામાં આવતી સાવચેતીઓ વિશે વિશેષ ધ્યાન દોરવામાં આવ્યું હતું. આમ, બાળકોએ ખૂબ જ ઉત્સાહપૂર્વક ભાગ લીધો અને પતંગ ચગાવવાની મજા માણી.

- ગૌતમ સર



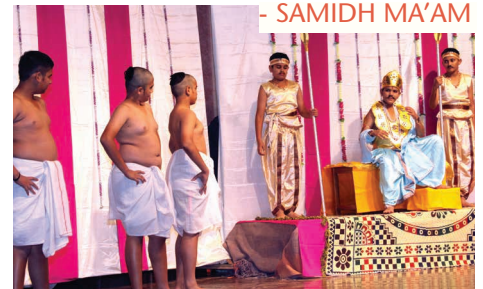
Ghanshyam Charitra



Satyam House was indeed blessed to have been gifted with an inspiring theme “Ghanshyam Charitra” in the 2nd week of January 2014. The template of the daily assembly was designed as such to have a video darshan of different *charitras* of Bal Ghanshyam followed by the unique message each day.

The Saturday Creative Assembly, entitled as ‘Ghanshyam Charitra Vihar’ which began with a rousing welcome and introduction by two tiny tots, was based on the underlying truth that Divine miracles of the Lord are the source of peace and happiness.

A very fascinating aspect of the play was to witness the commendable performance of 80 participants on the stage. The play was divided into three episodes from the life of Bal Ghanshyam and it was really a tough job to work with tiny tots but being the director of the play, Suhradam Sir exhibited tremendous patience and enjoyed their innocence. He successfully brought out the best from them.



- SAMIDH MA'AM



The Habit of Winning

Our habits can make or break us but we do not give enough attention to them. They are really more important than we think. They are formed by the choices we make over the years and we seldom think upon whether these choices are good or bad ones. These choices finally harden into habits. It is very important to cultivate good and positive habits from the childhood because we are not born with them.

Sundaram House was privileged to be part of such an endeavour by celebrating the value “Habit of Winning” through the medium of daily morning assemblies. During the week, the house members shared different habits of winners through small talks, short stories, presentations and videos. The stories that were shared had the potential to change the way one thinks, works, lives and ultimately leads him towards the path of success. Furthermore, most of the discussions in the assemblies during the week, including the key points and many inspiring stories were taken from the book “Habit of Winning” - by Prakash Iyer.

- PRIYAVADAN SIR

PRAKASH IYER

Foreword by R. Gopalakrishnan

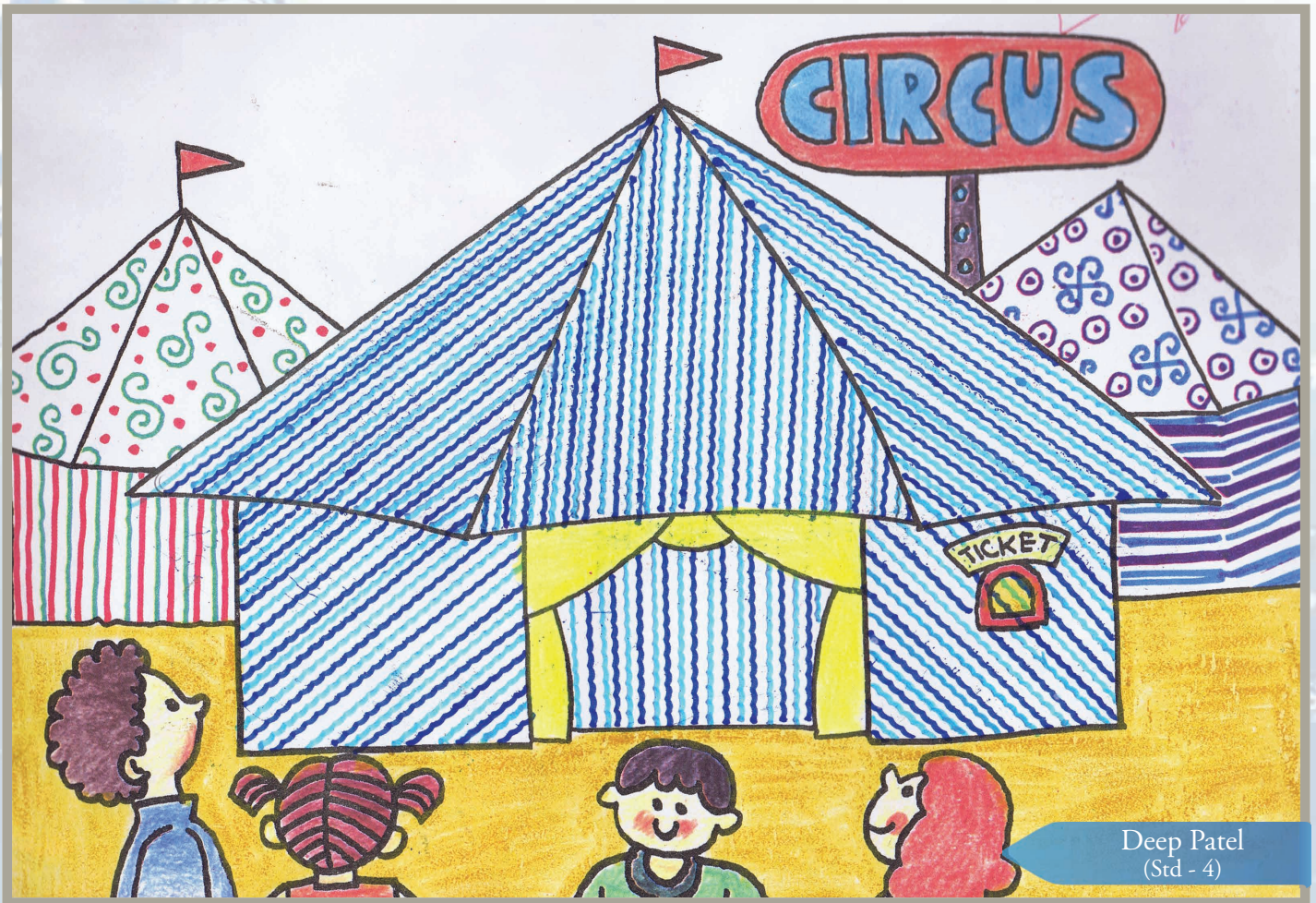
THE HABIT OF WINNING

NATIONAL BESTSELLER

Stories to Inspire, Motivate
and Unleash the Winner Within

'After being long imprisoned by an outstanding manager, an excellent writer breaks through' Harsha Bhogle

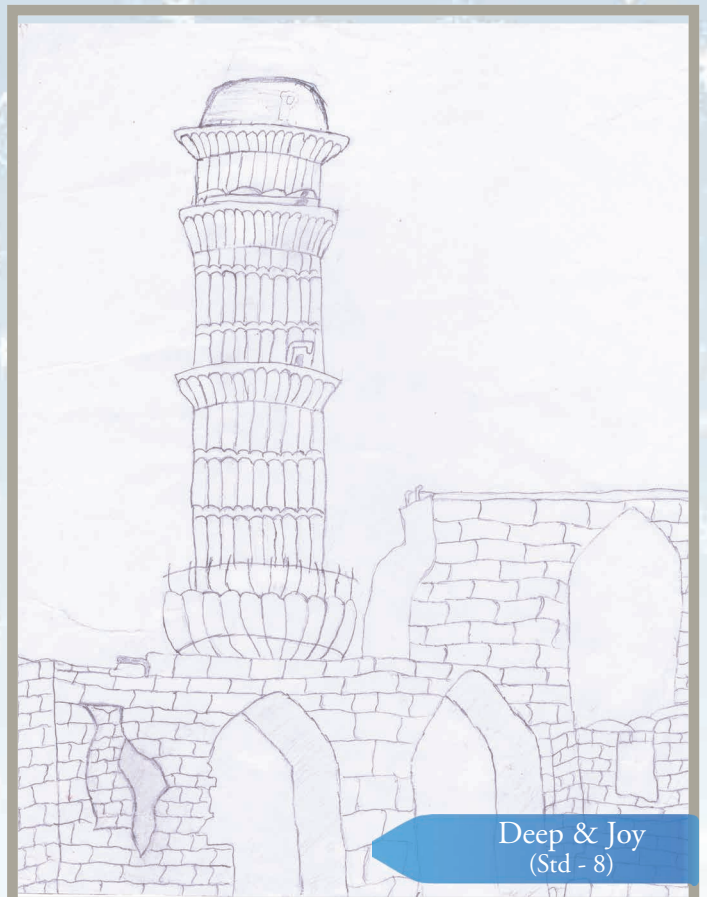




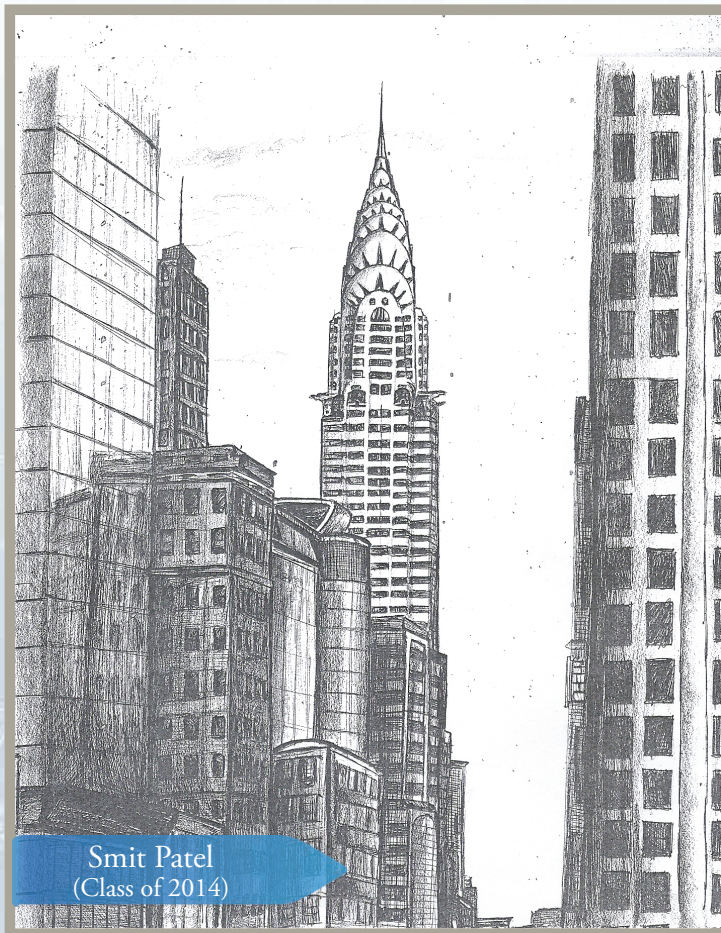
Deep Patel
(Std - 4)



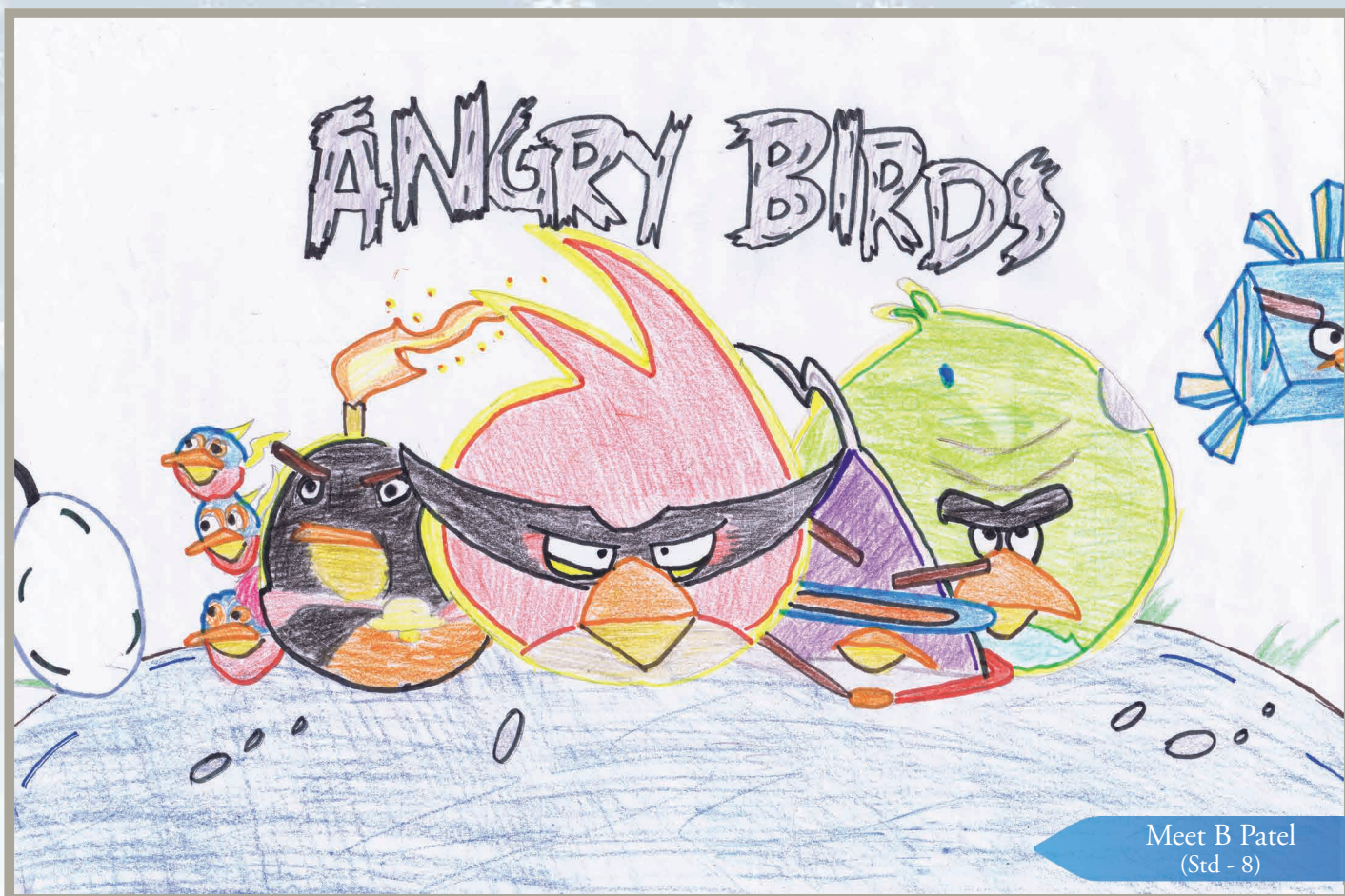
Sahaj Lad
(Std - 10)



Deep & Joy
(Std - 8)



Smit Patel
(Class of 2014)

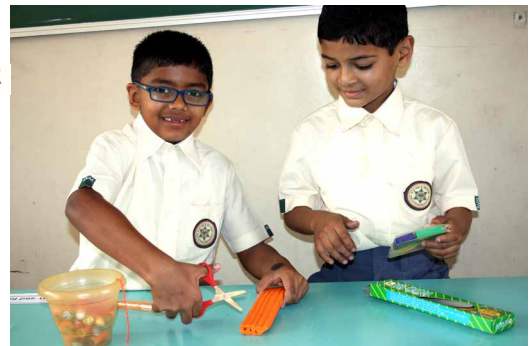
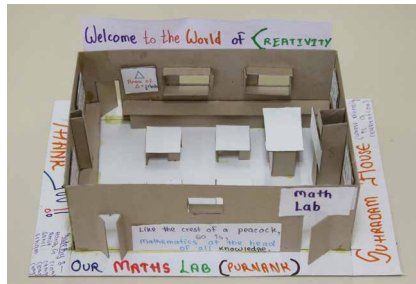


Meet B Patel
(Std - 8)

Logical Intelligence Competition

The end of January 2014 came with the Interhouse Logical Intelligence Competition in which the students used their capacity to analyse problems logically and investigated the given tasks scientifically. They used reasoning abilities and their ability to recognize pattern and logically analyse problems to make their houses proud.

Again, based on the age groups, different activities were designed with this intelligence in mind and brilliance was glaringly observed across all the groups in this meticulously planned and executed event.



Vande Mataram! My India, My Pride... (Republic day)



The 65th Republic Day was celebrated with great pomp at Atmiya Vidya Mandir. This special day is celebrated every year to honour the day when the Constitution of India came into effect and it also resembles unity, acquiring independence in the real sense, where everyone is equal and important.

This event was graced by the elders of the school management along with Pujya Suhrad Swamiji. After Thakorji's Poojan, the chief guests unfolded our tri-coloured flag. Thereafter, a wide range of activities centred on the theme of nationalism were conducted to instil the spirit of national pride and love for the country. The honourable chief guest, Pujya Fuvaji addressed the essential aspects of students' day to day life. Mukesh sir explained the history and significance of the Republic Day.

The guests also acknowledged the student winners from different fields who were awarded on this momentous occasion.

- RASHMI MA'AM



"છોડી દે શાણપટ્ટી, નહીં તો પ્રભુ પડાવશે ડાનપટ્ટી." (The Power of Prayer)

At Atmiya Vidya Mandir the mantra of success as given by P. P. Swamishree is *Hard work, Earnest Prayer* and *Company of good friends*. To understand this mantra better and make it a fundamental part of student life at the school, Suhradam House celebrated the value "The Power of Prayer" from 27th Jan to 1st Feb 2014. Every day in the morning assembly, the importance of prayer was discussed by the teachers, staff and students by quotations, speeches, presentations and demonstrations.

In the creative assembly, on the 8th of February, a drama titled "છોડી દે શાણપટ્ટી, નહીં તો પ્રભુ પડાવશે ડાનપટ્ટી." was presented in which the central theme was based on one important point: we have infinite capabilities, however, those are only awakened with the power of prayer. In the play, three real life incidents had been woven together.

- PRAJVAL SIR



Accountability & Responsibility

Suhradam House celebrated the basic, yet a very important value of life 'Responsibility and Accountability' in the first week of February. Throughout the week, in the daily morning assemblies, the house members shared with the students the real meaning of responsibility and accountability and how they are a valuable tool in achieving goals in student life and beyond.

Students got introduced to subtle aspects of responsibility and were informed about why being responsible is important, what was expected from a responsible student, how to put responsibility into action in their day to day life through different quotes, presentations, stories, advertisements, real life incidents of great personalities and videos.

It was discussed that being responsible and accountable added meaning to one's life. It makes one independent, trustworthy, adorable, and successful and allows one to develop a positive influential character.

- DIPIKA MA'AM



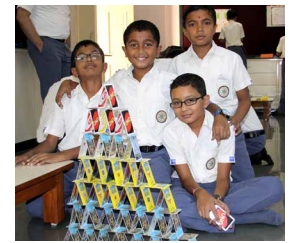
Intrapersonal Intelligence Competition



The 8th and the last multiple intelligences based interhouse competition of the year: Intrapersonal Intelligence Competition was held on 8th February 2014. This was an opportunity for students having a deep awareness of their feelings, ideas, and goals to use their self-reflective capacities for their respective houses.

The different activities designed as per different age groups gave ample opportunities to the participating students to introspect and predict their own reactions at certain situations.

- SHREYARTHI MA'AM

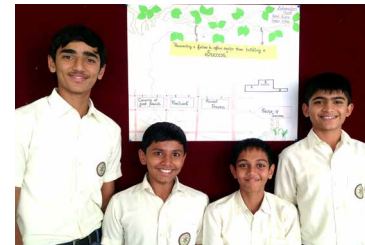


Inter House Volleyball Competition

The Inter House Volleyball Competition was the last sports competition of the year 2013-14 and rightfully brought a lot of excitement among the students. It was held in the week ending on the 10th of February, 2014, on the school volleyball courts and went on for 4 days. During these 4 days, many extra-ordinary performances were seen from the students. The artistic decoration of the arena made the atmosphere even more colourful.

The competition turned out to be a display of true sportsmanship, brilliant performances by individuals and teams, some exceptional smashing and inspiring captainship by the participating students.

- RAHUL & NIMIT (GRADE 8)



The last theme for assemblies for the year 2013-14 was "Festivals of India" which was celebrated by Satyam House in the first week of March 2014. During the week, the team brought to the students' attention various interesting and significant aspects of different festivals of different regions across the country.

India - The Land Of Festivals

The week started off with a thoughtful talk delivered on 'The Importance of Festivals' supported by colourful visuals and coupled with explanation of the real meaning of festivals by Param Pujya Hariprasad Swamiji. During the week, students learnt about the rich tradition and culture of India with absolute clarity of the pious purpose of celebration through those festivals.

The ultimate message of the week was that we should celebrate each moment of our life like a festival, whether it is favourable or unfavourable.

- SUMIT (GRADE 10)



Holi Celebration

Getting students close to our culture and tradition, Holika Dahan or the lighting of bonfire took place on the eve of Holi. Thus, as a ritual, images of Holika were burnt in keeping with the legend of Bhakt Prahlad and his devotion to Lord Vishnu.

At the basketball ground, the evening was celebrated by lighting these huge bonfires as part of the community celebration when the entire Atmiya family gathered near the fire to fill the air with devotion and faith. Students turn wise moved around the fire praying the holy-fire for blessings.

- SEEMA MA'AM



Let the truth reveal itself (Interhouse Debate Competition)

Debating is an art in which two or more parties proposing or opposing a motion/statement argue with each other and the truth reveals itself for the people witnessing the debate. In this day and age communication skills are considered one of the most important and all good colleges and employers expect their recruits to be fluent in it. Keeping this need in mind, Atmiya Vidya Mandir has been running a debating club for the past two years in which students of Std 6th to 12th are given formal 20 to 40 hours of instructional coaching from the teachers of the English department.

Throughout the year, students were also given the opportunity to debate in front of the debating club, in the presence of teachers and other club members. Topics were selected from various fields like Education, Politics, Economics, Entertainment, Health, Media, Society, Science, Religion, Sports and Technology.

The AVM Debating club also organised an Inter-House Debate Competition in the months of January and February in which the students participated quite enthusiastically. The event gave abundant opportunities to the students to practise and hone their language skills.



- CHIRAG SIR

The Fun-Fiesta at AVM



It was a gala time for the little angels of Atmiya Vidya Mandir as, provisionally, the football ground wore on the look of a mini-fun park. The school management organized a funfair for the tiny-tots of the school. A giant air bag in the frame of a big Micky was placed to jump and slide and glide.

Filled with super sneaky agility, kids were keen for this faux challenges while playing few games at the ground. The little children were feverishly jumping on and off the big air bag. This harum-scarum run for fun halted with enchanting treat in the dining hall. Such a cute idea for a party! Or just for fun! Letting the kids go crazy and frantic with joy!!!!

- SEEMA MA'AM



Saransh 2013-14: The Annual House Closing Ceremony



The myriad celebrations throughout the year 2013-14 culminated into a grand, touching and inspiring closing ceremony on the 15th of February 2014, titled “Saransh – Lets celebrate each other”.

This year was a very memorable and a historic year for Atmiya Vidya Mandir in so many ways. Historic because the year 2013-14 marked the 10th anniversary of the school’s inception. It was memorable and enjoyable as we had as many as 8 creative assemblies (among a total of 23 value based weekly assemblies), 8 academic competitions, 6 inter-house sports competitions, a full-fledged annual athletic meet, 3 soft board displays and many other cultural activities full of singing and dancing. The ceremony presented an opportunity to give away the awards to all the winners.

Saransh is about re-living those incredible moments that the school has given us students this year. It is a highlight of what we all could achieve together as a school. And it is also about appreciating each other and counting our blessings. This legacy event celebrates the very core of our school: *Atmiyata*.

The highlight of the event was a very unique musical performance: ‘Naad Brahma’ in which students as young as 7 years to 15 years old took part playing various instruments as well as young singers lending their voice to some unbelievable musical melodies. This miracle was possible because of the vision and hard work of our music teachers Jaimin Sir and Himanshu Sir.

The winners were:

- Best Sports House - Satyam House
- Best Academic House – Shivam House
- Best Soft Board Display – Suhradam House
- Winners of the Debating Club Competition – Shivam House
 - Best House in Creative Assemblies – Shivam House
 - The Annual Athletic Meet Champion – Sundaram House
 - The Runner up House – Shivam House
 - The Best House of the Year – Sundaram House



- VINAMRA & SMIT (GRADE 8)



Vinamra Patel
(Std - 8)

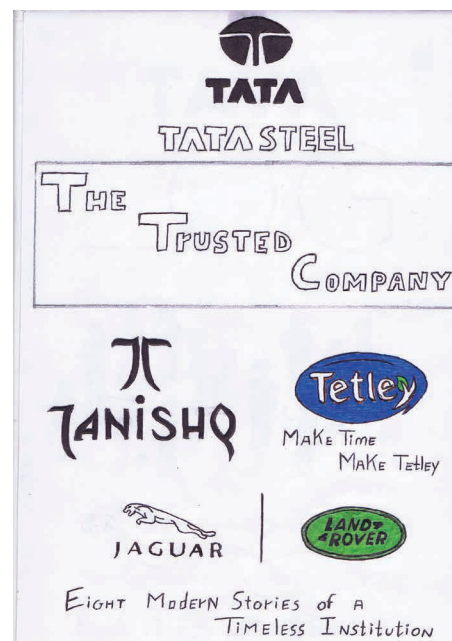
The Book Review Project: A Herculean Task

One of the different tastes of the Commerce stream at AVM is the Book Review Project. It gives the student the most challenging yet interesting experience of their ride through 11th standard's journey. It serves as a helping hand to the students, in developing various essential skills while strengthening their reading and comprehension skills. It also provides a perfect platform to acquaint students with the fields related to commerce stream. For this purpose, various books on finance, management and global economy are given to the students in groups every year. Each group would thoroughly understand the book given to them in order to extract and simplify the ideas presented by the authors. They then translate their understanding of the book into a presentation using their choice of software. Once it is reviewed by the teachers, the group is ready to present their book before the teachers and the students of classes 10th, 11th and 12th in the school auditorium.

This year, the six books which were presented by the students of 11th commerce class as part of their book review projects were:

The book “**Tata Log**” authored by Harish Bhatt, was presented by Sonak Ramani, Ravi Patel and Mitul Mehta.

Tata Log - cover page designed by students



The book **“Inside Job”** authored by Charles Ferguson, was presented by Tanmay Patel, Akash Singhal, Harshill Soni and Siddharth Jain.

The book **“Undercover Economist”** authored by Tim Harford, was presented by Manan Ladani, Samay Jain and Pradeep Chaudhary.

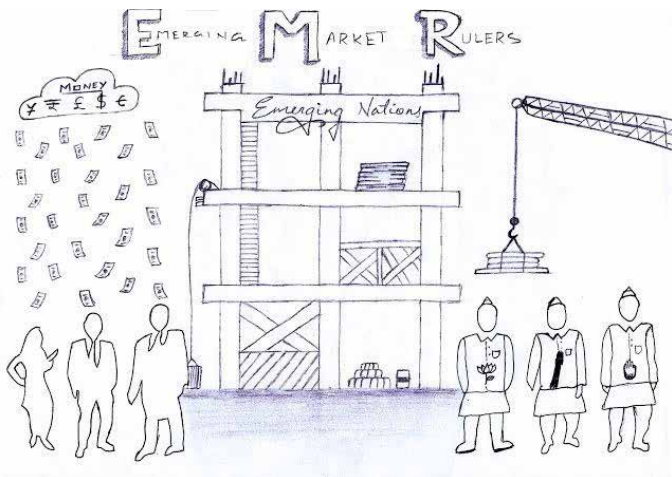
Undercover Economist - cover page designed by students



The book **“Great by Choice”** authored by Jim Collins, was presented by Raj Panpaliya, Akshay Golwala, Aditya Killa and Daudayal Jhunjunwala.

The book **“Breakout Nations”** authored by Ruchir Sharma, was presented by Harshit Aggarwal, Raj Patel, Swapnil Vaghasia & Yash Taratia.

Breakout Nations cover page designed by students



The book **“India Grows At Night”** authored by Gurcharan Das, was presented by Love Patel, Pratik Modi, Shivendra Girase and Divyang Golwala.

India Grows At Night - cover page designed by students



At the end of the book review project, while discussing the lessons they learnt, students shared that in the beginning they had a tough time understanding the book given to them, but with constant help and guidance by teachers they were able to overcome that challenge. They sensed a great decrease in their stage fear after the presentation and they learnt to comfortably put forward their own ideas before others. The book review helped them to develop the habit of reading important newspapers/dailies like The Economic Times. The Question & Answer session at the end of each Book Review presentation amplified curiosity among the students to dig more into related subject area. During this journey of book reviews, students discovered the correlation between what they studied in text books and what was happening around the world in the respective fields.

A lot many congratulations to these students to carry out such a herculean task of reading, understanding and presenting a fairly complex, 300 to 500 pages thick, book in a simplified, interesting and meaningful way to their teachers and other school students!

- PURVESH SIR

Beating the Heat with Water shots

With the end of the March month, the summer heat tip toed and established its monstrous presence into the human territory but the good news spread like fire that water park can be the perfect battlefield to mock and laugh at this so called summer-heat-horror hence students, teachers and hostel staff of Atmiya Vidya Mandir moved towards the enchanting water park Chhab-Chhaba-Chhab.

The senior students along with teachers enjoyed with speed slides, skimming down with a breakneck speed, bumping up and down with water spraying in the eyes. At the other side of the park, some tiny tots were enjoying the wave pool with Didis and teachers whereas some were relaxing and jumping in and out of the lazy river that flows through the park.

- SEEMA MA'AM



Atmiya Premier League 2013-14



If there is anything which can fight the scorching heat, it is the passion and enthusiasm for cricket at AVM. The end of SA2 exams marks the beginning of a long torrid summer but students look at it as the beginning of fun and excitement! Students from all groups get to participate in this sports bonanza. Unavailability of senior students due to their academic commitments presents junior students the opportunity to shine.



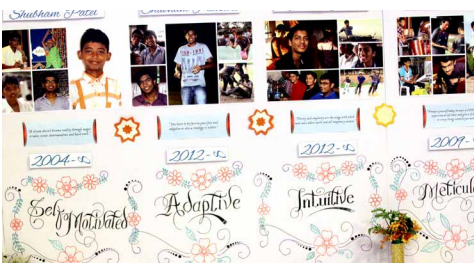
The sports teachers set the tone of the tournament with a well prepared pitch and cricket ground. The highlight of this tournament has never been which house wins the tournament eventually but how many more students get the opportunity to showcase their talent. And by judging through that criterion, this year's tournament was a resounding success.

- TARUN SIR

UDAAN...Soaring New Heights

It was at the farewell function of grade XII batch of 2013-14 when the entire AVM family gathered to bid their beloved students good bye. On this eventful day, in a gentlemanly demeanour, all senior students dressed up in the best of their attire, and sat with their families to witness a special event. A spectacular show was put up by the juniors of class XI as they bid adieu to their seniors. It started off with Param Pujya Swamiji's blessings through a video clip. They then invited their parting seniors one by one on the stage to receive a memento and gift from the elders of the school while some power-packed performances were presented along with the nostalgic clips on the huge screen at the backdrop.

- SEEMA MA'AM



The Rewarding Results of Grade 10!

These VACATIONS are well-deserved by our class 10 students hence some might be escaping the summer heat amidst the cooling breeze of hills, some might be enjoying at the playground in the May sunshine, some must be savouring the mango-bites with grannies, some may be socializing with relatives at functions and some might be basking in the gentle air of their native place but there was a sudden halt to this relished-relaxed holidaying when CBSE announced result of class 10 for the year 2013-14.

The complex and vast syllabus and critical assessment criteria made it quite an intimidating affair for the teachers to enable these students to be competent and meet the standards of CBSE but with the kind grace and blessings of HDH Param Pujya Swamiji, the result turned out to be 100%. This time 59 hardy heads appeared in this examination out of which substantially weighty number of 20 students scored between 9.2 and 9.8 CGPA, remarkably 15 students scored between 8 and 9 CGPA nevertheless 10 students secured their position between 8 and 7 CGPA whereas those who had their own challenges did not give up with 6 and 7 CGPA, and quite honourably, 3 students bagged the perfect 10 CGPA.

This was a crucial phase for the students and teachers as they were preparing for this board exam with much anticipation and calculations of 'expected marks', it was a herculean task to guide and train the impulsive and fun-filled minds to meet the challenges of board examination yet their unshakable faith and boundless confidence kept it firm that hard work always gives rewarding results. The relentless efforts and endeavours of the students, teachers and hostel staff made this feat possible.

In a nutshell, there's an enduring axiom of success which students of class 10 batch of 2013-14 lived i.e. "Simply get started, make mistakes, listen to the feedback, correct and keep moving forward towards the goal".

CONGRATULATIONS to all students of Grade 10, their parents and teachers!!!

- SEEMA MA'AM

10.0 CGPA



Uttam Italiya

10.0 CGPA



Harsh Gondaliya

10.0 CGPA



Sumit Choudhary

9.8 CGPA



Denish Patel

9.8 CGPA



Jay Bariya

9.8 CGPA



Rushi Patel

9.8 CGPA



Utkarsh Patel

9.6 CGPA



Shivang Jariwala

9.6 CGPA



Niramay Tanna

9.6 CGPA



Rohan Shingala

12th Standard Result: As you sow so shall you reap.

Nature teaches us a lot of things and one of them is the Law of the Harvest. Ploughing is the first step where the farmer ploughs the field and sows the seed, which can be compared to teaching and learning in the school at the beginning of the year when the syllabus of each subject is covered by the teacher in the class meticulously. Just like the farmers and his team, the teachers and the students have to work extremely hard to learn the concepts. Preservation is the second step where the farmer takes care of his farm, gives adequate water to the plants, removes the weeds, sprays adequate fertilizers, etc. Similarly this is the time when the syllabus is over and the teachers ask the students to revise the concepts they have learnt. It is the time when the students clarify their doubts arising through perfect practice. This is a time when prayers are used to revive your faith that you will reap what you have sown.

Finally the time comes for the harvest and the farmers produce their crop and reap their profits. It takes the farmer months of hard work, patience and faith to reap his result.





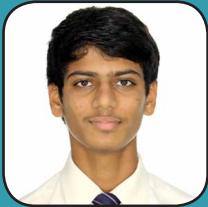

The students of Armiya Vidya Mandir have imbibed this law of nature and worked extremely hard, purposefully. They followed up on whatever the teachers asked them to do. Just before the exam, P.P. Swamishree visited the school, showered His blessings on the students and asked them to resort to prayers in time of need. Students regularly revived their faith in times of stress through prayers.

So we understand that just like in farming, in studies too, one has to build a strong foundation through planning and preparation, making sacrifices where needed, having incredible patience and persistence and combining competency with timelines which our students did and proved to themselves as you sow so shall you reap.

Total 36 students appeared for the 12th CBSE exams in March this year, out of which 11 students scored above 90%, 13 students scored above 80%, 10 students scored above 70% and 2 students score above 60%. The science class average was 83.4% and commerce class average was 87.6%.

Congratulations to all our 12th students, their parents and teachers!!!

- PRAJVAL SIR

94.8 % Science  Yash Roongta	95.6 % Commerce  Shubham Patel	94.4 % Science  Abhishek Panchal	
94.2 % Science  Yash Patel	93.4 % Science  Hemal Gadhiya	93.2 % Commerce  Utsav Agrawal	92.6 % Commerce  Jenish Patel
92.2 % Commerce  Shivam Patel	91.6 % Science  Pranshu Savani	91.4 % Commerce  Shubham Pansari	90.8 % Science  Aman Gadia

Achievements at the National Level

**J
E
E** The Joint Entrance Examination (JEE) is one of the most challenging and competitive exams given by 12th graders. Approximately 1.3 million students appeared for the 2014 JEE Main exam of which the top 10% qualified for the JEE Advanced exam.


At Atmiya Vidya Mandir,

- 67% (12/18) students who appeared for the JEE Main, qualified for the JEE Advanced.
- 50% (9/18) stood in the top 5% at the national level; (percentile rank: over 95)

**C
B
S
E** The Central Board of Secondary Education (CBSE) awards National Merit Certificates to students whose performance in the board exam is in the top 0.1% at national level. It is a matter of pride for Atmiya Vidya Mandir that two of our students were *merit holders* in the 2013-14 board exams:

- Shubham Patel for scoring 98/100 in English
- Sagar K Patel for scoring 99/100 in Physical Education

Below are the letters received by the school from the Human Resource Development Minister, Govt. of India:



स्मृति जुबिन इरानी
Smriti Zubin Irani

मंत्री
मानव संसाधन
विकास
भारत सरकार
MINISTER
HUMAN RESOURCE DEVELOPMENT
GOVERNMENT OF INDIA


Dated : 2nd June, 2014

Dear SHUBHAM PATEL

My heartiest congratulations on your wonderful performance in the Central Board of Secondary Education Class XII examination this year.

Your success is a result of your dedicated hard work and commitment. You have made your parents, your school, and our country proud.

I wish you all success to fulfill your dreams and achieve the goals you have set for yourself in life.

Yours sincerely,

(SMRITI ZUBIN IRANI)

SHUBHAM PATEL
ATMIYA VIDYA MANDIR
AT & POST KOLI BHARTHANA
TALUKO-KAMREJ
DIST SURAT
GUJARAT
394180

(13049/1609295)

Office : Room No. 301 'C' Wing, Shastri Bhawan, New Delhi - 110 115
Phone : 91-11-23782387, 23782698, Fax No. : 91-11-23382365, 23782028



स्मृति जूबिन इरानी
Smriti Zubin Irani

मंत्री
मानव संसाधन
विकास
भारत सरकार
MINISTER
HUMAN RESOURCE DEVELOPMENT
GOVERNMENT OF INDIA

Dated: 18th June, 2014

Dear DR VIJAY PATEL,

It is with great pride and joy that I offer you my heartiest congratulations on the stellar performance of your students in the Senior School Certificate Examination of the Central Board of Secondary Education (CBSE). I firmly believe that it is the teacher that plays the most critical role in influencing the minds and personalities of young students, enabling them to discover their talents and preparing them to succeed in any challenge they undertake.

I thank you for your commitment and dedication, and salute your efforts to positively influence the next generation which will take our country to new heights. I look forward to working with you to ensure that the culture of excellence and innovation that you exemplify becomes synonymous with education in India.

Warm Regards,

Yours sincerely,

(SMRITI ZUBIN IRANI)

DR VIJAY PATEL
ATMIYA VIDYA MANDIR
AT & POST KOLI BHARTHANA
TALUKO KAMREJ
DIST SURAT
GUJARAT
394180

(13049/16559)

Office : Room No. 301 'C' Wing, Shastri Bhawan, New Delhi - 110 115
Phone : 91-11-23782387, 23782698, Fax No. : 91-11-23382365, 23782028



Rahul Patel
(Std - 8)



Smit Patel
(Class of 2014)

Cordial Invitation

Atmiya Yuva Mahotsav

આત્મીય યુવા મહોત્સવ

A unique and invaluable event...

A never before historical opportunity...

An inspiring celebration for the youth...

An opportunity to listen to and have darshan
of five prominent Saints of India...

A golden opportunity to realize that
life's wonder is never in wealth,
but is in the gift of having eternal
noble thoughts, attaining selfless love
and experiencing fearlessness...

Come..let us all join our heads and hands
together to contribute to this
once-in-a-lifetime event
inspired by Guruhari Hariprasadswamiji.

આત્મીય યુવા મહોત્સવ એટલે...

ધન્ય અને કૃતાર્થ થવાનો અવસર...

જીવનમાં અલૌકિક પ્રેરણા પામવાનો અવસર...

સ્વધર્મનિષ્ઠ અને ધ્યેયનિષ્ઠ યુવાનોનાં દર્શન કરવાનો અવસર...

સેવા અને આત્મીયતાથી મહેકતા પરિવારોના દર્શન કરવનો અવસર...

વિષય, વ્યસન અને વહેમમાંથી મુક્ત થઈને

સર્વાંગી સુખી થવાનો અવસર...

અખંડ શુભવિચાર, નિર્ભયતા અને સાચા પ્રેમને માણીને

દેહ અને ઘરને મંદિર બનાવવાનો અવસર...

ભારતીય સંસ્કૃતિના મહાન સંતોના દર્શન અને

પરાવાણીનો લાભ લેવાનો અવસર...

પ્રગટ ગુરુહરિ પ.પૂ. હરિપ્રસાદસ્વામીજીના

માનવતાના આ મહાયજ્ઞમાં પધારવા

ભાવભર્યું નિમંત્રણ પાઠવીએ છીએ.



Date: 1st-3rd January 2015
Haridham, Sokhda, Vadodara

www.aym2015.in

SOME WISH FOR IT.
WE WORK FOR IT.

1 OUT of 3 STUDENTS SCORE ABOVE
90% IN 12TH BOARD EXAMS.

Education World India School Ranking 2013 - Ranked

No.1 Residential School for
Boys in Gujarat

No.5 for Life Skills Education
and Conflict Management

No.6 for Individual Attention
to Students

No.14 for Co-curricular
Education

No.16 for Best Boys Boarding
School in India



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Email: info@avm.edu.in. Follow us on twitter @AVMupdates

Atmiya Vidya Mandir

International Residential School for Boys

Inspired & Blessed by:

H.D.H. Hariprasad Swamiji Maharaj